

## **Minutes of the Gedling Youth Council Meeting**

**Monday 17<sup>th</sup> April 2023**

### **In Attendance**

Muhammad Malik, Fatimah Malik, Sam Boulby and guest, Leyla Abass, Freddie Vokes, Aimiee Kimpton, Cllr Kathryn Fox, Jane Ansell, Amy Beckworth.

**Guests:** Rob McCleary, GBC Communications Manager, Lance Juby, GBC Head of Communities and Leisure, Rachel Clark, Children and Young People's Mental Health and Wellbeing Programme Lead.

**1. Welcome, refreshments, apologies received.**

Apologies received from Caitlin and Councillor Viv McCrossen.

**2. Minutes of the last meeting, actions arising.**

Minutes were accepted as a true record.

**3. Group chat discussions: subjects members want to raise.**

Members would like to push for recruitment. Possible ways to do this which were suggested is posters to be put in school and youth club notice boards, PowerPoints to be circulated in school forms and possible live streaming of Council meetings depending on logistics.

**4. Final nominations and vote**

Final nominations for Youth Mayor: Sam, Freddie and Aimee.

Elected: Freddie

Final nominations for Vice Chair: Sam and Fatimah.

Elected: Fatimah

**5. Gedling Young People's Consultation Action Plan, Proposals for future meeting themes and guest speakers.**

**Communications- GCB Comms Team Lead Rob McCleary.**

Plans to incorporate the Youth Council with the wider Council Awareness days/events.

**Actions agreed:** Choose a national awareness date in advance, with a view to creating some YC led material for a social media post. Rob to attend the YC meeting closest to that date to capture footage for the post.

**Social Mobility- Lance Juby, Head of Service Communities and Leisure.**

Advocate for pushing services and making sure they are delivered correctly. Would like to engage with Universities and young people about what can be done to further educational and career attainment.

LJ acknowledged some cold spots:

Young people

Health Inequalities

Early Years Provision (0-4)

**Actions agreed:** circulate a date, time and format for a meeting to discuss matters further. Chair Halle expressed an interest, further nominations to be identified via the group chat.

**6. Guest speaker Rachel Clark, NCC Children and Young People's Mental Health and Wellbeing Programme Lead**

Some points which were raised by the Youth Council in the previous meeting were addressed.

Transition from child to adult services- agreed transition procedures need improvement, and have subsequently increased the age for YP Mental Health Service eligibility from 0-18 to 0-25.

Services provided- have changed approach from just giving out a mental health diagnosis to early intervention and advice.

Awareness of services available to young people- it was suggested they need to address the general public and create a better understanding throughout all generations.

Funding- Despite hubs like Base 51 being shut down, funding is still being increased and those services are still available elsewhere.

Work being done in schools:

14 support teams will be created by 2024 consisting of fully trained NHS staff, which will be distributed across schools. Each team will be able to cover around 8000 students.

RC would like to engage Gedling Youth Council further with MH2K coproduction and consultation. **Action:** JA to liaise with RC to facilitate.

**7. Youth Council Away Day Plans**

Date chosen from the ones offered- 20<sup>th</sup> August

Holiday Activities and Food funding to be utilised.

**Actions agreed:** email out dates and decide on final arrangements.